

Zig Zag (as done at the Electric Cowboy Denver)

Not exactly sure what the name of this simple dance is. Somebody said its called "Zig Zag" so we'll go with that name for now!

Count: 16 Wall: 4 Level: Beginner
Choreographer: Unknown
Music: most medium, medium / fast songs

SHUFFLE RIGHT, 2 LEFT HEEL TWISTS, SHUFFLE LEFT, RIGHT HEEL TWISTS

1&2 Shuffle to the Right, RLR
3&4 Twist left heel twice, Out –In Out-In
5&6 Shuffle to the Left, LRL
7&8 Twist right heel twice, Out –In Out-In

SHUFFLE FORWARD TWICE, MAMBO FORWARD, MAMBO BACK

1&2 Shuffle Forward RLR
3&4 Shuffle Forward LRL
5 Rock forward on your R foot
& Step down on your Left foot in place
6 Step back on your R foot, past the Left foot.
7 Rock back on your L foot , past the R foot
& Step down on our R foot in place
8 Step forward on your L foot, past the R foot.

TURN QUARTER TURN LEFT AS YOU START OVER